

## **A MESSAGE FROM SUPERINTENDENT WADE LUCAS**

# **Resources For Talking To Children About Sensitive Topics**

Olentangy Families,

As we continue to work toward healing, I want to share a list of resources that you may find helpful in talking with children about the sensitive topic of sexual misconduct.

### **Elementary Book List**

The following books span a variety of topics, including safe touch, stress/worry, and crisis. Parents are encouraged to look up descriptions online in order to ensure books meet the needs of their children. Several of these books are available at your local Delaware County District Library branch.

- Kid Trapper by Julia Cook
- The Ant Hill Disaster by Julia Cook
- Wilma Jean the Worry Machine by Julia Cook
- I Can Play it Safe by Alison Feigh
- I Said No! by Zack and Kimberly King
- Uncle Willy's Tickles: A Child's Right to Say No by Marcie Aboff
- Do You Have a Secret? How to Get Help for Scary Secrets by Pamela Russell/Beth Stone
- My Body Belongs to Me: From my Head to my Toes by pro Familia
- Miles is the Boss of His Body by Samantha Kurtzman-Counter and Abbie Schiller
- Your Body Belongs to You by Carnelia Spelman
- The Berenstain Bears Learn about Strangers by Stan and Jan Berenstain
- My Body is Mine My Feelings Are Mine by Susan Hoke, LCSW, ACSW
- The Right Touch by Sandy Kleven

### **Helpful Websites**

- The National Child Traumatic Stress Network (NCTSN): <http://www.nctsn.org/>
- Stop It Now: <http://www.stopitnow.org/>

### **Helpful Documents**

- Tips for Talking With and Helping Children and Youth Cope After a Disaster or Traumatic Event (SAMHSA): <http://store.samhsa.gov/shin/content/SMA12-4732/SMA12-4732.pdf>

### **Local Resources**

- Central Ohio Mental Health: (614) 396-5665 (Powell office)
- Delaware County Job and Family Services 740-833-2340: (740) 833-2340
- Helpline: 211 or (800) 684-2324
- The Child Advocacy Center (The Center for Family Safety and Healing): (614) 722-8200
- The Center for Family Safety and Healing at Nationwide Children's Hospital:  
<http://www.nationwidechildrens.org/tcfsh> or call (614) 722-8200.

I hope you find these resources helpful as we work through this difficult time.

*Wade Lucas*

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